

## “The Visitation of Mary to Saint Elizabeth”...



### FROM THE GOSPEL ACCORDING TO - **LUKE** - :

*“Mary set out towards the hill country and reached in haste a town of Judah. She entered the house of Zechariah and greeted Elizabeth. As soon as Elizabeth heard Mary's greeting, the baby leaped in her womb. Elizabeth, filled with the Holy Spirit, cried out in a loud voice and said, ‘Most blessed are you among women, and blessed is the fruit of your womb!’ ” ( Lk 1, 39-56 )*

### MEDITATIONS ON THE MYSTERY:

*“ It’s written that “Mary set out towards the hill country..” ( Lk 1, 39 ), yes, she set out towards the hill country to reach her aim in haste !... And who will climb to the peak of that mountain ? Or even better, as it’s written: “Who will climb up the mountain of the Lord...? Who has innocent hands and a pure heart ( cf. CCC 2518 ), who doesn’t say swear an oath in order to deceive..” ( cf. Ps 24, 3.. )”. ( cf. Friar Volantino V, in SLC pg. 86 )*

### FROM THE TEACHINGS OF THE CATHOLIC CHURCH :

*- And in regards to not saying lies so to be able to climb up the mountain of the Lord, like so says St. John Bosco: “Always say the truth openly, because lies are not only an offence to God but they make us children of the devil, the prince of lies. They make you become considered false once that the truth is revealed and you’ll end up being dishonored by your brothers and superiors.” ( St. John Bosco, Sayings III, 166 )*

*- And even more in regards to not saying lies; neither with one’s mouth, nor with one’s behavior, like so says the Blessed Mother Theresa of Calcutta : “One does not lie only with the tongue... when our behavior is not honest, it’s an active lie”. ( Lit. Calendar 2009, Sat. 5th September )*

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### FREE AND PERSONAL MEDITATION

*( for a personal contribution to give to those who listen ) :*

- The story of that salesman who had been convinced by a friar to try to work without saying lies, and who later noticed that work went considerably better also in relationship to his clients...

*Then follows...*

- 1 Our Father...
- 5 Hail Mary's ...
- 1 Glory Be to the Father... (Sung)

- Oh my Jesus, forgive us ...
- Mary, Queen of Peace ...

- Then, a possible “flash” song coordinated to the mystery / or one says singing: “ Ave....., Ave....., Ave Maria ....”

*Then one goes on to the next Mystery that (as this one) for when possible must not take more than 5-7 minutes ...*

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